

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Mom

- ID AND HEALTH CARD \_\_\_\_\_
- 3 BUTTON DOWN NIGHT GOWNS OR PJS \_\_\_\_\_
- 4 NURSING BRAS \_\_\_\_\_
- ROBE \_\_\_\_\_
- Maternity Pads \_\_\_\_\_
- Slippers \_\_\_\_\_
- Rubber sandals for shower \_\_\_\_\_
- Cardigan or Hoodie \_\_\_\_\_
- Mobile phone & tablet \_\_\_\_\_
- charger and earbuds \_\_\_\_\_
- Toiletries \_\_\_\_\_
- Stationaries \_\_\_\_\_
- Birthplan \_\_\_\_\_
- Snacks and water bottle \_\_\_\_\_

## Baby

- Baby hats \_\_\_\_\_
- Baby mittens \_\_\_\_\_
- Baby Sleepers \_\_\_\_\_
- Receiving blankets \_\_\_\_\_
- Wool jacket for baby \_\_\_\_\_

## Dad

- 2-3 t-shirts \_\_\_\_\_
- sweatpants \_\_\_\_\_
- Hoodies \_\_\_\_\_
- 3 pairs of socks \_\_\_\_\_